

Farrel-McWhirter Preschool Quality Preschool Education for your child...

The Farrel-McWhirter Preschool is nestled in a natural setting of a working farm and an ever-changing forest. The preschool program promotes children's social, physical, and cognitive growth in a secure, creative, and stimulating environment. Caring and experienced teachers design programs to meet the developmental needs of each child. Our curriculum includes language, math, science, art, music, movement, and environmental education, coordinated into theme-based units. Children gain independence and self-esteem, as they are encouraged to be active participants in a supportive preschool environment.

Registration began in February for the 2011-2012 preschool classes. Call the registration office to be placed on the wait list.

Ages listed will be strictly adhered to in order to maintain classroom integrity. Children must be potty trained by class start date, no pull-ups.

All participants will be charged a one-month non-refundable deposit. This deposit will be applied as payment for May, 2012. Preschool payments are due by the first calendar day of each month starting September 1, 2011. Service charges will be assessed for late payments. Fees are based on total tuition for the 9-month school year, divided into 9 equal monthly payments.

Program information/registration and fee payment procedure is subject to change. Preschool class information and a schedule of school holidays and breaks will be provided prior to the start of the program.

REFUND POLICY: ALL DEPOSITS ARE NON-REFUNDABLE. Please see Farrel-McWhirter Preschool Parent Guide for complete refund and preschool policy information.

Please call the Preschool at 425-556-2324 to schedule a visit.



Farrel-McWhirter Preschool Preschool - Creative Play

Now 9:1 ratio. Fun, friends and cooperative play are the essence of this program. Children build friendships, develop social skills and learn to participate in a school setting. We encourage a love for learning and nature as we explore a variety of topics and visit the farm and forest at Farrel-McWhirter Park. A perfect first preschool experience (not recommended for pre-kindergartners). Children must be potty-trained, NO PULL-UPS, by start of class. Must be 3 by August 31.

Instr: Terri Edgar

Loc: Farrel-McWhirter Park Farrel House.

Age 3-4 Fee: \$182R/\$218N

Tue, Thur Sep 6-May 31 9-11:30am

Preschool - Pre-K Discoveries

Pre-Kindergarten in a unique setting! We incorporate environmental resources at our doorstep into engaging and meaningful learning experiences for older preschoolers. Through thematic studies, we offer diverse and creative approaches to pre-kindergarten readiness skills - social, physical and academic. Children learn through hands-on activities and individualized instruction. Children must be potty-trained, NO PULL-UPS, by start of class. Must be 4 by August 31.

Instr: Terri Edgar

Loc: Farrel-McWhirter Park Farrel House.

Age: 4-5 Fee: \$247R/\$296N

Wed, Thur, Fri Sep 7-May 31 12:30-3:30pm

Preschool - Preschool Adventures

Enjoy the adventures of preschool and the wonders of the farm and forest at Farrel-McWhirter Park. Children build social skills and explore the world around them through cooperative play, independent choices and group activities. Teachers support and instruct children as we investigate topics in our theme-based curriculum. Children must be potty-trained, NO PULL-UPS, by start of class. Must be 3 by February 28.

Instr: Terri Edgar

Loc: Farrel-McWhirter Park Farrel House.

Age: 3 ½-5 Fee: \$212R/\$254N

Mon, Wed, Fri Sept 7-May 30 9-11:30am

Little Farmers - In the Garden

Experience the wonder of the garden down on the farm. Dig in the dirt, plant a seed and hold a wiggly worm! Dress for the weather and wear closed toed shoes. Price is per child.

Instr: Nature Vision

Loc: Farrel-McWhirter Park Museum

Age: 1-2 yrs Fee: \$12R/\$14N

38244 Sat Oct 8 10-11am

38252 Wed Oct 12 10-11am

Age: 2-5 yrs Fee: \$12R/\$14N

38245 Sat Oct 8 11:30am-12:30pm

38253 Wed Oct 12 11:30am-12:30pm

Little Farmers - Animal Babies

Bring your little farmer down to Farrel-McWhirter Park to get up close and personal with the tiniest animals that live at the farm. Learn fun animal facts and get ready to experience an abundance of cuteness. Dress for the weather and wear closed toed shoes. Price is per child.

Instr: Nature Vision

Loc: Farrel-McWhirter Park Museum

Age: 1-2 yrs Fee: \$12R/\$14N

38247 Sat Sep 10 10-11am

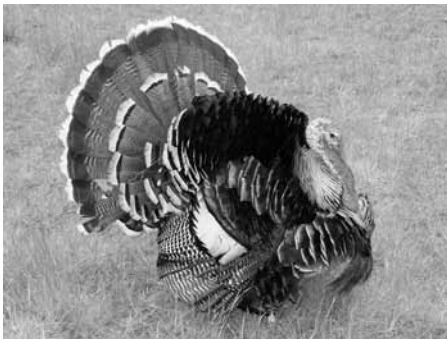
38249 Wed Sep 14 10-11am

Age: 2-5 yrs Fee: \$12R/\$14N

38248 Sat Sep 10 11:30am-12:30pm

38250 Wed Sep 14 11:30am-12:30pm





Little Farmers - Turkey Lurkey

Waddle on down to the farm just in time to celebrate Thanksgiving! Go on a turkey hunt to find Farrel-McWhirter's resident turkeys, and enjoy the harvest season at the park. Dress for the weather and wear closed toed shoes. Price is per child.

Instr: Nature Vision

Loc: Farrel-McWhirter Park Museum

Age: 1-2 yrs Fee: \$12R/\$14N

38257	Sat	Nov 19	10-11am
38259	Wed	Nov 16	10-11am

Age: 2-5 yrs Fee: \$12R/\$14N

38258	Sat	Nov 19	11:30am-12:30pm
38261	Wed	Nov 16	11:30am-12:30pm

Play & Learn

This FREE program is offered by the Chinese Information Services Center (CISC). The Play & Learn Group provides a safe and stimulating environment for young children and their caregivers to play, socialize and be introduced to basic preschool skills. Through meaningful activities, modeled by the group facilitator, caregivers will come to understand how children learn through play and also strengthen the caregiver-child relation. No need to register; drop by to Play & Learn.

Instr: TBA

Loc: Grass Lawn Park PAVILION.

Age: 2-5 yrs Fee: Free

38331	Tue	Sep 20-Dec 13	10-11:30am
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Holiday Mini Chefs- P/C

Create unique holiday memories with this special session and enjoy the tastes and smells of the season with holiday themed recipes! A Mini Chefs Holiday cookbook is provided. Register each child separately, one parent per two children please. No class Nov 23.

Instr: Karen Renfroe-Gielgens

Loc: Old Redmond Schoolhouse Community Center Room 107

Age: 2-4 yrs Fee: \$49R/\$57N

37552	Wed	Nov 9-Dec 7	12:15-1pm
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Healthy Mini Chefs Parent & Child

Hey kids, bring your parent and get ready to prepare, bake and eat some healthy, tasty, simple treats that you'll make together! A different recipe will be covered in each class and a Healthy Mini Chefs cookbook will be provided. Register each child separately, one parent per two children please.

Instr: Karen Renfroe-Gielgens

Loc: Old Redmond Schoolhouse Community Center Room 107

Age: 2-3 yrs Fee: \$72R/\$87N

37551	Wed	Sep 14-Nov 2	12:15-1pm
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Little Tykes Play Group • NEW!

Join this hands-on, fun, interactive toddler play group. We'll have free play, arts and crafts, story time and gross motor play. Every day a new activity. This class will follow the Lake Washington School District Calendar.

Instr: TBA

Loc: Old Redmond Schoolhouse Community Center Auditorium

Age: 1-5 yrs Fee: \$90R/\$108N

37461	Tue,Thu	Sep 13-Oct 20	9:15-10:30am
37485	Tue,Thu	Oct 25-Dec 8	9-10:30am

Tiny Treks

Tiny Treks is a fun outdoor program for you and your 2-6 year old child. Come play with us in the woods: hike, explore, learn the names of plants and look for animals with Certified Teacher Ann Glaser. Curriculum is designed to open the hearts and minds of young children to the wonders of nature. While outdoors, Teacher Ann and the kids will sing, dance and interactively explore the world around them. Each session has a unique environmental theme.

Tiny Treks Fall

Grab your child, put on rain gear and come on down! Hike with your child and look for slugs, sunflowers, fly kites, make a spider web, sing about ants. Activities include a short hike, circle time with singing and laughter, a craft or outdoor exploration and a snack. The first two sessions will meet at a different location each week, the November session will stay at Farrel-McWhirter Park. Tiny Treks requires one adult participant per 2 children.

Instr: Ann Glaser

Loc: Farrel-McWhirter Park Operations Building

Age: 2-6 yrs Fee: \$65R/\$78N

38327	Fri	Sep 9-30	10-11:30am
38328	Fri	Oct 7-28	10-11:30am
38329	Fri	Nov 14-Dec 2	10-11:30am

The Outdoor Preschool at Farrel-McWhirter Farm Park

Research reveals that playing in the dirt not only lowers depression and anxiety but can also make you smarter! The Outdoor Preschool (TOP) at Farrel-McWhirter is a nature discovery preschool program. Children will learn and play in the forest, trails, meadows and farm; and more than half of each day will be spent outside - rain, snow or sun. With a 6:1 student to teacher ratio, children will have plenty of one-on-one attention while they learn to observe, identify and appreciate the natural world. Children will build forts, dig in the dirt, explore puddles, streams, and trails, hunt for slugs, worms, and bugs, investigate plants, and animals, and develop a true appreciation for the environment. Children must dress for outdoor explorations, more details will be sent to parents after registration. Children must be potty trained (NO PULL-UPS!) and be 3 1/2 years old by the first class. The first step toward stewardship is nature discovery, and the first step toward nature discovery is TOP.

Instr: Ann Glaser

Loc: Farrel-McWhirter Park Operations Building.


Age: 4½-5 yrs Fee: \$254R/\$350N

36649	Tue,Thu	Sep 20-Dec 1	10am-12:30pm
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Three 10-week sessions:

Fall - 09/20-12/01 • Winter 01/03-03/08 • Spring 03/13-05/31



The  Outdoor Preschool

Winter Break Camps

Pre-Engineering with LEGO

Build a town, city or star base with houses, buildings, pyramids, bridges, tunnels, towers and more. Build motorized cars, trains, buses and trucks; race them; crash them; repair them! Explore the many possibilities of the LEGO building system while learning useful construction techniques.

Instr: Play-Well TEKologies

Loc: Old Redmond Schoolhouse Community Center Room 103.

Age: 5-6 yrs Fee: \$80R/\$96N

37851 Tue, Wed, Thu, Fri Dec 27-30 9am-12pm

Engineering FUNDamentals with LEGO

Do you like to build things? Design and build motorized machines, catapults, pyramids, demolition derby cars, truss bridges, buildings and more. Explore concepts in physics, mechanical engineering, structural engineering and architecture, while playing with your favorite creations. This is a hands-on and minds-on class suitable for LEGO Technic novices to maniacs. Returning students are given new projects that build on previous projects and concepts.

Instr: Play-Well TEKologies

Loc: Old Redmond Schoolhouse Community Center Room 103.

Age: 7-11 yrs Fee: \$80R/\$96N

37852 Tue, Wed, Thu, Fri Dec 27-30 1-4pm

Basketball Camp

Play like a pro! Passing, dribbling, shooting, rebounding, defense and team-play are some of the components of this high-energy camp. Instructors include Doug Wozeniak, a former collegiate player who has been working with youth for over 20 years and Karen Greytak, lead instructor of the Redmond Parks and Recreation Youth Basketball Clinics. Approximately 1:10 ratio of staff:participants. Please bring a snack and drink to camp and wear shorts and/or sweats and basketball shoes. Participants will each receive a camp t-shirt and photo.

Instr: Doug Wozeniak

Loc: Redmond High School Gym

Age: 6-12 yrs Fee: \$95R/\$114N

38243 Mon, Tue, Wed, Thu Dec 19-22 9am-12pm

Day Camps - Sports & Fitness Great Play

Our goal is for every child to develop a love of physical activity that will lead to an active, healthy and confident life. Our patent-pending Interactive Arena makes every visit to Great Play a unique and exciting experience. It's like being immersed in a giant video game (but this one promotes physical activity!). There are two to three coaches in every camp with at 5:1 ratio. Camps are 3 days long for 3 hours each day with a snack break. Drop-off only (no parents/caregivers on the floor with the players for these sessions).

Great Play Athletic Development Camp

If your child loves to run around, be silly and take imaginary adventures to the jungle, outer space, and more, then our camps are perfect for them. Through games and instruction, campers develop fundamental motor and introductory sport skills, coordination and agility. Activities includes tumbling, balancing, climbing, rhythm, obstacle courses, swinging a bat, kicking a ball, throwing, shooting, dribbling and much more. Ultimately, campers build a strong foundation with the confidence and skills to be physically and athletically successful. There are 2 to 3 coaches in every camp with at 5:1 ratio. Please pack a nut-free snack for your child. Campers must be potty trained. Drop-off only (no parents/caregivers on the floor with the players for these sessions).

Instr: Great Play Staff

Loc: Redmond Square Great Play Studio

Age: 3-6 yrs Fee: \$45R/\$54N

37794 Fri Nov 25 1:30-4:30pm

Age: 3-6 yrs Fee: \$165R/\$198N

37795 Tue, Wed, Thu, Fri Dec 20-23 9:30am-12:30pm

37796 Tue, Wed, Thu, Fri Dec 20-23 1:30-4:30pm

37797 Tue, Wed, Thu, Fri Dec 27-30 9:30am-12:30pm

37798 Tue, Wed, Thu, Fri Dec 27-30 1:30-4:30pm



Orange Blossom Society

First Snowfall Mural NEW!

In this camp we will look at the artwork of Grandma Moses and create our own winter mural. We will discuss favorite winter activities and learn how to draw ourselves doing those activities! Camp will encourage positive social engagement as well as foster individual practice. If there is snow we will explore it first-hand! Dress for weather and bring a nut-free snack.

Instr: Orange Blossom Society Staff

Loc: Orange Blossom Society The Studio

Fee: \$30R/\$36N

37808 Mon Dec 19 Age 7-12 9:30am-12:30pm

37809 Mon Dec 19 Age 3-6 1-3:30pm

The Elf Workshop NEW!

Children design and create their one-of-a-kind toys! Using recycled materials like wood, fabric and odds and ends, children assemble their robots, dolls, stuffed animals, trains and more! We'll look at puppet designs for inspiration! Bring nut-free snack.

Instr: Orange Blossom Society Staff

Loc: Orange Blossom Society The Studio

Age: 3-6 yrs Fee: \$30R/\$36N

37810 Tues Dec 20 9:30am-12pm

Age: 7-12 yrs Fee: \$30R/\$36N

37811 Mon Dec 19 1-4pm

Storyland Toy Animation NEW!

Children will bring their favorite toys to camp! We will then work through photography to develop a story for our toy and build sets for backgrounds out of recycled materials. The finished result will be a short story. Photos and stories will be emailed to campers within a few days of camp. For inspiration we will read the story of the Velveteen Rabbit.

Instr: Orange Blossom Society Staff

Loc: Orange Blossom Society The Studio

Age: 3-6 yrs Fee: \$30R/\$36N

37812 Wed Dec 21 1-3pm



Chess School

Chess can enhance critical thinking skills, memory, recognition of patterns, logic, awareness and analysis. Classes follow the curriculum developed by National Master Elliott Neff, from basic to advanced topics through the six levels of Pawn, Knight, Bishop, Rook, Queen and finally King. Each class involves a review of previous material, the introduction of new material and opportunities to practice what has been taught. A \$35 skills assessment test is required prior to beginning Chess School. **To register** and for more information contact Chess4Life at www.chess4life.com or call 425-283-0549.

Instr: Chess4Life

Loc: Old Redmond Schoolhouse Community Center Room 201

Age: 5-12 yrs Fee: \$75

37999	Fri	Sep 9-30	4:30-5:30pm
38008	Fri	Sep 9-30	5:30-6:30pm
38000	Fri	Oct 7-28	4:30-5:30pm
38009	Fri	Oct 7-28	5:30-6:30pm
38004	Fri	Nov 4-Dec 9	4:30-5:30pm
38010	Fri	Nov 4-Dec 9	5:30-6:30pm
38011	Sat	Sep 10-Oct 1	10:30-11:30am
38012	Sat	Sep 10-Oct 1	11:30am-12:30pm
38013	Sat	Oct 8-29	10:30-11:30am
38014	Sat	Oct 8-29	11:30am-12:30pm
38015	Sat	Nov 5-Dec 10	10:30-11:30am
38016	Sat	Nov 5-Dec 10	11:30am-12:30pm

Friday Night Chess Quads

Practice what you've learned in chess club, prepare for tournaments and improve your chess skills in a safe and positive environment! Parents of students competing and chess coaches who are willing to help students analyze games are welcome to play as well. Anyone who can do a checkmate is encouraged to participate. **To register** and for more information contact Chess4Life at www.chess4life.com or call 425-283-0549.

Instr: Chess4Life

Loc: Old Redmond Schoolhouse Community Center Auditorium

Age: 5+ yrs Fee: \$12

38181	Fri	Sep 9-Oct 28	6:30-9pm
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Algebra and Math Enrichment

This hands-on algebra and math enrichment class will give your child an edge in school and beyond.

Instr: TBA

Loc: Old Redmond Schoolhouse Community Center Room 207

Age: 9-11 yrs Fee: \$60R/\$72N

38338	Wed	Sep 14-Nov 16	4-6pm
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Can Do Kidz

Kids will develop basic skills that you and I take for granted. Many of them, like tying shoes, buttoning a shirt, throwing a ball, or getting along with others, require patience, time and practice. Through creative play and social interaction children learn to problem solve and become more self-reliant building confidence and self-esteem. Be prepared, more than likely you will start hearing, "I can do that!" No Class Nov. 26.

Instr: Dana Hein-Skaggs

Loc: Anderson Park Fullard House.

Age: 3-6 yrs Fee: \$60R/\$72N

37758	Mon	Sep 12-Oct 3	11am-12pm
37759	Mon	Oct 10-31	11am-12pm
37760	Mon	Nov 7-28	11am-12pm
37761	Fri	Sep 9-30	10-11am
37762	Fri	Oct 14-Nov 4	10-11am
37763	Fri	Nov 18-Dec 16	10-11am

Healthy Mini Chefs

Tantalize taste buds with healthy and tasty snacks. Students prepare, bake and eat their own creations. Emphasis is trying something new and making healthy snacking choices. A different recipe will be covered each class and a Healthy Mini Chefs cookbook is provided (class is for child only).

Instr: Karen Renfroe-Gielgens

Loc: Old Redmond Schoolhouse Community Center Room 107

Age: 4-7 yrs Fee: \$72R/\$87N

37553	Wed	Sep 14-Nov 2	1:15-2pm
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Healthy Junior Chefs

Get ready to prepare, bake and eat your own tasty treats with simple healthy recipes. Learn the basics of nutrition, measuring, and safety. A different healthy, tasty recipe will be covered each class and a Healthy Chefs cookbook will be provided.

Instr: Karen Renfroe-Gielgens

Loc: Old Redmond Schoolhouse Community Center Kitchen

Age: 5-8 yrs Fee: \$72R/\$87N

37556	Wed	Sep 14-Nov 2	2:15-3pm
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Holiday Junior Chefs

Create unique holiday memories with this special holiday themed session. Enjoy the tastes and smells of the season with creative holiday recipes and take home a Junior Chefs Holiday cookbook.

Instr: Karen Renfroe-Gielgens

Loc: Old Redmond Schoolhouse Community Center Room 107

Age: 5-8 yrs Fee: \$49R/\$57N

37555	Wed	Nov 9-Dec 7	2:15-3pm
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Holiday Mini Chefs

Create unique holiday memories with this special session with holiday themed recipes. Enjoy the tastes and smells of the season and take home a Mini Chefs Holiday cookbook. No class Nov. 23.

Instr: Karen Renfroe-Gielgens

Loc: Old Redmond Schoolhouse Community Center Room 107

Age: 4-8 yrs Fee: \$49R/\$57N

37554	Wed	Nov 9-Dec 7	1:15-2pm
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Mandarin Chinese

Learning Chinese can be one of the best investments you make in your children's future. The younger kids start to learn Chinese, the easier it is to master the language. Through fun pictures, goods, and games, students learn basic daily vocabulary, greetings, colors, numbers, animals, fruits, etc.

Instr: TBA

Loc: Old Redmond Schoolhouse Community Center Room 103

Age: 3-5 yrs Fee: \$60R/\$72N

38332	Mon	Sep 19-Oct 10	10:30-11:30am
38334	Mon	Oct 17-Nov 14	10:30-11:30am
38335	Mon	Nov 21-Dec 12	10:30-11:30am

Age: 6-9 yrs Fee: \$60R/\$72N

38333	Mon	Sep 19-Oct 10	3:30-4:30pm
38336	Mon	Oct 17-Nov 14	3:30-4:30pm
38337	Mon	Nov 21-Dec 12	3:30-4:30pm



The City of Redmond's Old Fire House is a fun, safe, supervised environment for Redmond teens enrolled in Junior High and High School. Trained staff provides daily activities emphasizing citizenship, academics, arts, performance, music, health and fitness.

Wednesdays, Thursdays, and Saturdays are Activity Days, free structured programs for teens to participate in. Admission for Fridays cost between \$5-\$10 and feature local teen performances, from DJ's and musicians to actors and poets.

Mondays and Tuesdays are Resource Days, educational classes and workshops listed in the Recreation Guide. For further information email ofh@redmond.gov or call 425.556.2370.

16510 NE 79th St, Redmond WA 98052 • 425-556-2370 • www.theoldfirehouse.org

Teen 13+

Test Prep: SAT Math Tutorial

Need some help tackling the math on the SAT? This course covers all the basics including Operations, Algebra, Functions, Geometry, Data Analysis, Statistics and Probability. Students complete five practice sections with step by step solutions on missed problems. Requirements: 1 to 2 hours homework per week. Workbook provided.

Instr: Diane Durant/Redmond Test Prep

Loc: Old Fire House Teen Center Show Room

Age: 15-19 yrs Fee: \$125R/\$150N

38151 Tue Nov 1-29 6:30-8pm

Competitive Writing

Each week we will explore and develop different genres of writing, including poetry, comedy sketch writing, song lyrics and fantasy. One on one support from local professional writers to develop your themes and plenty of time to practice performing your work and develop the confidence you need to be successful. The sessions will culminate in a reading, video, or other performance event for friends and family. This class could be a great senior project and also check with your English/Creative Writing teacher for extra credit availability.

Instr: TBA

Loc: Old Fire House Teen Center Class Room

Age: 13-19 yrs Fee: Free

38152 Tue Oct 11-Nov 1 6-8pm

Super Safe Sitters

Are you ready for your adventure in babysitting? A super one-day program designed to train you in child care. Learn skills to make your sitting experience safer, more effective, even fun! This five hour program covers parent expectations, basic first aid, child development, telephone tips, sitter responsibilities, nutrition, fire prevention, toys and activities, personal safety and home security. Graduates receive a Kid Sitter Basics 104 page handbook and completion card. Bring a sack lunch, drink and afternoon snack.

Instr: Cindy Tucker

Loc: Old Redmond Schoolhouse Community Center Room 108

Age: 11-15 yrs Fee: \$60R/\$72N

38159 Sat Sep 10 9am-2pm

Stay Safe First Aid/CPR - for Teens

Designed just for teens, this class will cover general guidelines for safety and prevention, basic techniques in Infant, Child and Adult CPR, infant choking procedures and the Heimlich maneuver as well as first aid. Participants will receive a 2 year course completion card for Basic First Aid and Adult/Infant/Child CPR upon successful completion of course. Based on American Heart Association CPR practices and national first aid guidelines. Bring a sack lunch, drink and afternoon snack.

Instr: Cindy Tucker

Loc: Old Redmond Schoolhouse Community Center Room 108

Age: 11-15 yrs Fee: \$75R/\$90N

38160 Sat Dec 3 9am-3:45pm

Spreading the News!

The Old Fire House Media Lab is the best kept secret and now we are letting everyone know that we have a recording studio. Bands, vocalists, and anyone who wants to record their own sound can come in and walk out with a CD of their very own. Very reasonable rates and professional engineers will help you along the way. Come and experience the OFH Media Lab! Email ofh@redmond.gov for more info.



Adult

Introduction to Fly Fishing

Fly fishing is a great way to relax, enjoy the outdoors and get some exercise. Topics covered included entomology, habitat, technique, basic casting and wading, as well as what flies to use, how to use them and when each fly should be used. One class will be held at a local park where you'll learn how to cast a fly rod and another class will be held on a local river (date T.B.D. by weather), where you'll get to apply what you learned in class. \$15 material fee payable by cash or check to instructor at first class. All supplies included.

Instr: Richard Lange

Loc: Senior Center Room 109

Age: 18+ yrs..... Fee: \$80R/\$96N
38173 Tue Sep 6-Nov 8 6:30-8:30pm

Basic Salmon and Steelhead Flies

Fly Tying is a great way to relax and use your artistic talents as you tie your special flies for future fishing trips for salmon or steelhead. Regardless of whether you've been fishing for years or are new to the sport, this class will cover how to tie flies for both Steelhead and Salmon. You will tie at least 5 salmon flies and 3 steelhead flies in class. \$20 material fee payable by cash or check to the instructor at the first class. All supplies included.

Instr: Richard Lange

Loc: Senior Center Room 109

Age: 18+ yrs..... Fee: \$80R/\$96N
38177 Mon Sep 12-Nov 14 6:30-8:30pm

ESL - English as a Second Language

TO REGISTER, or for more information call Vienna Lucas at 425-836-8131. This FREE class will help you to learn to speak and understand English, using basic subjects that we need each week like: shopping, banking, grocery shopping, neighborhood information. There will also be games, Total Physical Response, hearing, reading and writing exercises. Teaching new things each week, but staying focused on the students needs and levels rather than a preset curriculum. Come to learn, practice and meet new friends. Program is free of charge; a \$10 donation can be made to the instructor.

Instr: TBA

Loc: Old Redmond Schoolhouse Community Center Room 107

Age: 18+ yrs..... Fee: Free
38129 Thu Sep 22-Dec 15 7-8:30pm

ESL - English as a Second Language Intermediate & Advanced

This course is being offered in partnership with Lake Washington Technical College, for more information and to REGISTER, call 425-739-8359. Improve English communication skills, the focus is on increasing fluency in reading, writing, speaking and listening. Life skills and workplace skills are taught. Learn how government works, how to write a good letter, how to interview, and where to volunteer. Please bring a 3-ring binder, lined paper, #2 pencils and a pen. Book required first week of quarter.

Instr: Lake Washington Technical College Staff

Loc: Anderson Park Fullard House

Age: 18+ yrs..... Fee: \$25
38133 Mon, Tue, Wed, Thu Sep 19-Dec 8 9-11:50am

RSC - Bridge, Supervised Play

If you are a novice or party player looking for tips on bidding and play, this group is just right for you. It's a great way to improve your game and have fun playing cards. There are no formal class sessions; just play and discuss hands. Our instructor is available to answer your questions on bid or play. Open to age 18 years and over. Drop-in fee is \$8 each meeting. Call 425-556-2314 for no meeting dates.

Instr: Karen Westerlund

Loc: Senior Center Room 107

Age: 18+ yrs..... Fee: \$8
38140 Tue Sep 13-Dec 13 12:30-3pm

In the Garden

Summer may be over but there's always something going on in the garden! Sign up for one or all four of these garden workshops. Classes are free but **preregistration is required**. All classes held at the Redmond Senior Center from 7 to 8:30pm.



Sustainable Gardening

Create a sustainable landscape and garden, reducing your carbon footprint and helping eliminate toxins in the environment. Learn about healthy soils and their contributions, as well as storm water management techniques like rain gardens and cisterns. Raising food to eat and aerobic gardening will also be covered.

Age: 18+ yrs..... Fee: Free
38298 Thu Sep 22 7-8:30pm

Wonderful Native Plant Choices for Your Garden

Do you want a garden that is active year round? Selecting the right trees, shrubs perennials and groundcover will keep your garden looking good through the use of color, blooms, cones, fragrance, color and berries. Instructor Susie Egan is the owner of Cottage Lake Gardens, a private display garden and plant nursery. She is also a veteran volunteer for the WSU Master Gardener program.

Age: 18+ yrs..... Fee: Free
38299 Thu Sep 29 7-8:30pm

Garden Design the Natural Yard Care Way

Do you want a beautiful garden, but not all the work involved with having one? Natural Yard Care is a new way to garden specifically designed for the northwest region and climate. Learn the 5 steps of Natural Yard care Design, plus tips that create street appeal. Instructor Doug Rice is a landscape architect and garden designer. He has been teaching garden design for 18 years through the Seattle Community College system. He also leads the Natural Yard Care Program for King County.

Age: 18+ yrs..... Fee: Free
38300 Thu Oct 6 7-8:30pm

Worm Bin Composting

Worm bin composting is a great alternative to throwing away food scraps! Worm bins can decompose fruits, vegetables, eggshells, pasta, breads, coffee grounds, tea and tea bags. When worms do their work, they transform scraps into rich organic fertilizer called worm castings that your plants will love. The class offers more information about the benefits of using a worm bin, how to use and maintain your bin, and answers any questions. Participants will have a chance to win a three-stacking tray Worm Box Composting systems (worms not included). Up to 40 Worm Boxes will be given away!

Age: 18+ yrs..... Fee: Free
38301 Thu Oct 13 7-8:30pm

RSC-Defensive Driving

This one-day refresher course on defensive driving skills gives practical guidance for traffic accident prevention and enhances driver safety and confidence. To receive a certificate of completion, plan to attend the entire class. The certificate required for a reduction in auto insurance premiums for those who are 55 years of age and older. To register for the class, please send checks only - \$16 per person, payable to American Driving Services, P.O. Box 66681, Seattle, WA 98166-0681. Fee is non-refundable, but is transferable to another class. You will receive a confirmation letter with details. Call us at 206-243-3564 if you have questions.

Instr: American Driving Services

Loc: Senior Center Room 107

Age: 50+ yrs Wed Nov 2 9am-5pm



RSC-Bridge - Duplicate

Join this evening bridge group and practice your skills in a relaxed setting. Duplicate bridge allows you to make a comparison of your playing skill, reduces the "luck of the card." Bidding boxes used. Participants must know how to play bridge; NO instruction available during this group. Participants are encouraged to bring a partner or even four-some, if possible. Drop in fee \$3 each night.

Loc: Senior Center Room 107

Age: 18+ yrs

38185	Mon	Sep 12-Oct 3	6-9pm
38186	Mon	Oct 10-31	6-9pm
38187	Mon	Nov 7-Nov 28	6-9pm
38188	Mon	Dec 5-12	6-9pm

RSC-Texas Hold'em Practice

Join us for an evening of casino-style Texas Hold'em Poker. Polish your game without the pressure of risking your hard-earned cash. All experience levels welcome, open to everyone age 18 years or better. Play is for chips only, absolutely no monetary wagering allowed. Drop in fee \$3.

Instr: Senior Center Staff

Loc: Senior Center Lobby

Age: 18+ yrs

35025	Wed	Sep 7-Dec 14	6-9pm
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RSC-Healthy Step Professional Foot Care

Healthy Step Professional Foot Care LLC, will provide a registered Nurse to perform foot and nail care one day each month (an additional day will be added if needed). Each participant will receive a foot assessment, trimming and debridement of toenails and calluses, and treatment for minor foot ailments. Instructions will also be provided to help the participant have more comfortable, healthy feet. Referrals for further foot care will be given as needed.

A newly sterilized set of tools will be used for each participant and proper infection control methods will be followed. Prior registration and appointment required.

Instr: Jackie Runyard

Loc: Senior Center Room 102

Age: 50+ yrs..... Fee: \$30

37949	Mon	Sep 12	9am-4pm
37950	Mon	Sep 26	9am-4pm
37951	Mon	Oct 10	9am-4pm
37952	Mon	Oct 24	9am-4pm
37953	Mon	Nov 14	9am-4pm
37954	Mon	Nov 28	9am-4pm
37955	Mon	Dec 12	9am-4pm

RSC-Writing

Learn the rudiments of creative writing. Class objectives: learn the skills necessary to become a writer, emphasizes the fundamentals and explores the mysteries of writing for an audience. Class participation is designed to encourage and improve the individual's ability to connect with the reader, develop personal confidence and skill. Handouts will be made available to students. In class and at home assignments will be made. Constructive critiques will be a part of the learning environment. Students will explore how to write memoirs, short stories, novels and poetry. May be repeated for additional practice. Our instructor, R. E. Smith, is a published author dedicated to helping others find their voice.

Instr: R. E. Smith

Loc: Senior Center Room 103

Age: 18+ yrs..... Fee: \$50S/\$50R/\$59N

35007	Wed	Sep 7-28	1-3pm
35008	Wed	Oct 5-26	1-3pm
35009	Wed	Nov 2-23	1-3pm

Skagit Eagle Watch

Bundle up and view nature's splendor as few have seen it! Each year, up to 300 Bald Eagles congregate in the Skagit Preserve. These magnificent and endangered birds are accustomed to seeing only an occasional riverboat in their protected habitat, so sightings are frequent. With wingspans of up to seven feet, the eagle is truly majestic from close range. You'll float calmly and comfortably with other enthusiasts in astoundingly beautiful scenery, watching these great birds feeding on the banks, soaring overhead, or perched only a few yards away. Guides are experienced eagle watchers. All rafting equipment is provided. Meet at the site at 11am (Rockport, Washington). Driving directions are included on class receipt. Trip runs rain or shine. Fee is per person. Youth 17 and under must be accompanied by an adult.

Instr: Wildwater River Tours

Loc: Outings Trips & Tours

Age: 6+ yrs and parent..... Fee: \$75R/\$90N

38164	Sat	Dec 3	11am-2:45pm
38165	Sun	Dec 4	11am-2:45pm

Tieton Whitewater Rafting

Ride 14 miles of twisting, turning rapids through pine trees and towering cliffs. The Tieton River, located on the east side of White Pass along Highway 12, is a mere trickle of water during the summer months. However, in September, when Rimrock Lake is lowered, it roars with white water excitement! No prior experience necessary, but participants need to be in average physical condition and able to paddle as directed by the professional river guide. All equipment is provided. Neoprene wet suit and booties included. Driving directions on class receipt.

Instr: Wildwater River Tours

Loc: Outings Trips & Tours

Age: 12+ yrs and parent..... Fee: \$75R/\$90N

38162	Sun	Sep 11	12-3:45pm
38163	Sat	Sep 17	12-3:45pm

Parent Classes

Addictive Disorders & Treatment

Gary Hothi will take participants through key findings of addictive disorders and treatment. How does addiction occur? What can parents and concerned loved ones do? Attendees will leave the seminar with skills they can successfully implement when interacting with addicted others.

Loc: Old Redmond Schoolhouse Community Center Room 207

Age: 18+ yrs..... Fee: Free

38227	Sat	Nov 12	10am-12pm
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The Unique Collision of Drugs and Depression

Andrea "Noble" Erickson will help people understand the complex problems faced by adolescents dealing with substance use. The unique collision of drugs and depression in the adolescent brain can create chaos for them and their loved ones. Understanding the biological, psychological and social aspects of teen drug use can help kids and their families find effective prevention and intervention strategies.

Loc: Old Redmond Schoolhouse Community Center Room 103
Age: 18+ yrs..... Fee: Free
38226 Sat Sep 10 10am-12pm

Special Events

RSC-Candlelight Dinner Dance

Back by popular demand - a newly improved and more elegant event. Fee includes delicious holiday dinner and dancing to our favorite band The Sophisticated Swing Big Band. Register by calling the Redmond Senior Center at 425-556-2314.

Loc: Senior Center
Age: 50+ yrs..... Fee: \$30
34138 Wed Dec 7 6-10pm

RSC-Open House

Come learn all about the Redmond Senior Center (RSC). Participate in live demonstrations of our exercise and fitness classes, view displays and presentations from all of our programs and hear all about the fun activities that you can join. Bring your family and friends - free to everyone.

Loc: Senior Center Computer Corner
Age: 18+ yrs..... Fee: Free
34130 Sat Sep 10 10am-1pm

HOW TO READ CLASS INFORMATION

Class #	Class Days	Date	Class Time	Class name	Description	Location	Age	Fee
30569	Fri	Apr 23	4:10-5:30pm	Adult Trail Ride	This program is designed for the recently experienced adult horsemen. The trail ride through the forest at Farrel-McWhirter is unique and invigorating.	Farrel-McWhirter Park Barn	18 + yrs	\$35S/\$35R/\$42N

Senior Fee
 Resident Fee
 Non-Resident Fee

RSC-First Friday Coffee Chats

Have you ever wondered, "Why does the City do that?" First Friday Coffee Chats featuring a different City official each month. Designed to be informal discussions with lots of time for questions, you are sure to learn something new. Free refreshments sponsored by Aégis of Redmond.

Loc: Senior Center Fireplace Lounge
Age: 50+ yrs..... Fee: Free
34253 Fri Sep 2 10-11am
Jim Bove, Police, Community Info
34254 Fri Oct 7 10-11am
Joshua Heim, Arts Administrator
34255 Fri Nov 4 10-11am
Sandra Benttencourt, Recreation Division Mgr
34256 Fri Dec 2 10-11am
Rebecca Borker, Wastewater Ops Supervisor

RSC-Holiday Craft Market

The holidays are fast approaching, time to plan for our annual Craft Bazaar. Featured are a wide variety of handcrafted items made by local artists, and door prizes. Join the fun and get an early start on your holiday shopping! Call 425-556-2314 for more information or to have a registration packet sent to you. Registration opens to Redmond seniors on Oct 5, Non-Redmond seniors Oct 12, Redmond residents under age 50 Oct 19 and all others Oct 26.

Loc: Senior Center Dining Room (Meeting Room)
Age: 18+ yrs..... Fee: \$16S/\$18R/\$18N
34137 Sat Dec 3 12-6pm

Dog Obedience

Sandy Dain is a graduate of the Dog Trainer Program at the Karen Pryor Academy for Animal Training and Behavior. She is also certified as a Canine Good Citizen Evaluator for the AKC and is a professional member of the Association of Pet Dog Trainers. The training techniques Sandy uses are recommended by the American Veterinary Society of Animal Behavior and are often referred to as positive reinforcement based training or positive training. To learn more visit www.mettrain.com

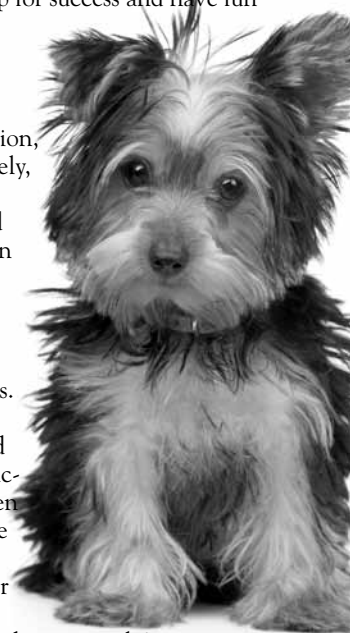
Dog Obedience - Basic Manners

Does your adult dog behave perfectly in the kitchen, but forget his manners once he walks out the front door? Set you and your best friend up for success and have fun in the process; enroll in Basic Manners! Learn to teach your dog to give you attention, greet people politely, sit, lie down, stay, come when called and walk nicely on a leash. Information will also be available to help deal with various problem behaviors. Designed for dogs over 7 months old and current on vaccinations. Children 8-15 years must be accompanied by an adult (fee is per dog). First class is mandatory and for humans only!

Instr: Metamorphosis Pet Training

Loc: Old Fire House Teen Center Show Room

Age: 8+ yrs and parent..... Fee: \$150R/\$180N
38153 Mon Sep 19-Oct 24 6:30-7:30pm



Therapy Animals

Share the joy of your pet with others!

- Do you have a pet with an outgoing personality?
- Are you looking for a fulfilling way to spend more time with your pet?
- How about visiting with your pet in a health care facility?
- Learn about Animal Assisted Therapy (AAT) and how to become a registered therapy team with your pet.

In her work as an animal-assisted therapist, instructor Christi Dudzik, M.C., LMHC, has been able to blend her love of people and animals in a way that is rewarding and beneficial for all. Christi's background in education, psychology, and counseling, and years of training her dogs for obedience competitions, has given her a unique blend of skills. An inspiring and dedicated professional, you are sure to gain useful knowledge and insight from Christi's classes.

If registering by Internet, please print receipt. For more information see www.healingpaws.com

Therapy Animal Skills & Pet Partner Workshop

Class covers skills needed to be a therapy team in a health care facility for both volunteers and professionals, and fulfills the handler-training requirements of the Delta Society® Pet Partners® Program. Skills portion covers etiquette for visiting health care settings, skills to make visits more successful and handler responsibilities. Includes practice time around health care equipment in mock situations. The Pet Partner portion covers common staff concerns; working with clients; identifying animal stress; development of your handler skills and skills and aptitude team evaluation. Additional \$35 collected in class for the Delta Society Pet Partner Manual and registration packet. Prerequisite: dog must be at least 10 months old and demonstrate basic obedience skills. Bring animal to all classes. Call 425-556-2314 to register over the phone.

Loc: Healing Paws Educations Center Training Room

Age: 10+ yrs..... Fee: \$195S/\$195R/\$235N
.....2nd person in family \$175

34674	Mon	Sep 26-Nov 7	9:30am-12pm
34673	Thu	Sep 29-Nov 10	6:30-9pm

Therapy Animal Skills

For therapy animal handlers with a new or additional animal that would benefit from skills training. The skills portion will cover basic etiquette for visiting health care settings, specific skills to make visits more successful and handler responsibilities. There will be practice time around health care equipment and in a variety of mock situations. Prerequisite: Handler must have current Pet Partner Registration and animal must demonstrate basic obedience skills. One well-behaved animal per participant - animal must be on leash or crated. Please print confirmation receipt if registering by Internet. For more information see: www.healingpaws.com. Call 425-556-2314 to register over the phone.

Loc: Healing Paws Educations Center Training Room

Age: 10+ yrs..... Fee: \$95S/\$95R/\$114N
.....2nd person in family \$75

36901	Mon	Sep 26-Nov 7	9:30-10:30am
36902	Thu	Sep 29-Nov 10	6:30-7:30pm

Dog Obedience - Reactive Rover

Are you embarrassed by your dog's bad behavior? Build confidence in your dog so that he/she can calmly pass by another dog while out for a walk. On-leash dog reactivity (barking, lunging, growling at other dogs while on leash, etc.) will be addressed in this new class. Participants are taught to identify signs of stress, handling skills needed to manage their dogs while on leash and training techniques that will transform unruly beasts into calm, well-mannered dogs in public. Training techniques covered are recommended by the American Veterinary Society of Animal Behavior. Instructor will contact you after registration to confirm your dog is a good fit. Be prepared to spend 30-60 minute per day working with you dog for this class to be successful! Children 14-18 years must be accompanied by an adult (fee is per dog). First class is mandatory and for humans only!

Instr: Metamorphosis Pet Training

Loc: Old Fire House Teen Center Show Room

Age: 14+ yrs..... Fee: \$175R/\$210N

38157	Mon	Sep 19-Oct 24	7:45-8:45pm
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Dog Obedience - Pleased to Meet You

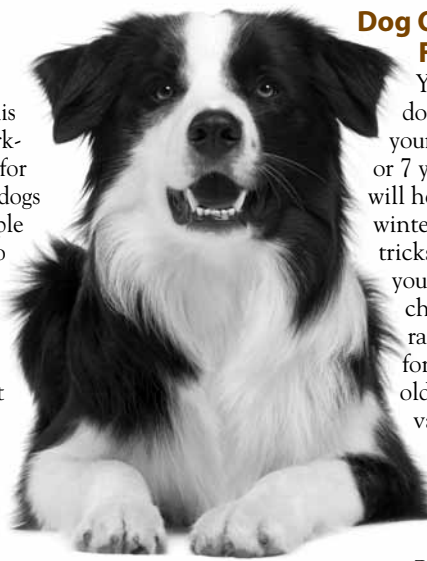
Surprise your holiday guests with a well mannered dog this year! This fun, hands on workshop will cover training tips for your dog how to greet other dogs while on leash, meeting people at the front door and what to do about when dogs jump up on humans. Designed for dogs over 7 months old with current vaccinations. Children 8-15 years old must be accompanied by an adult. Fee is per dog.

Instr: Metamorphosis Pet Training

Loc: Old Fire House Teen Center Show Room

Age: 8+ yrs..... Fee: \$35R/\$42N

38229	Mon	Nov 7	7-8:30pm
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Dog Obedience - Fun and Games

You can teach an old dog new tricks! Whether your dog is 7 months old or 7 years old, this workshop will help you both beat the winter blues. Learn new tricks and games to keep you both engaged and challenged during the rainy season. Designed for dogs over 7 months old who are current on vaccinations. Children 8-15 years old must be accompanied by an adult. Fee is per dog.

Instr: Metamorphosis Pet Training

Loc: Old Fire House Teen Center Show Room

Age: 8+ yrs..... Fee: \$35R/\$42N

38231	Mon	Nov 14	7-8:30pm
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